

The Index Times

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Bush House Gets OK to Move Forward
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A Tribute to Mr. Coleman
Mt. Index Cafe For Sale
Heybrook Hoedown Success!



Bush House Gets the Go-Ahead?

Sources close to the Times confirmed that Loyal Nordstrom has indeed signed the final documents that allow a new group of investors and proprietors to move forward with restoring the Bush House. While awaiting final septic, electric and various other building and operating permissions, the new group is remaining hush hush about the operation.

Not wanting to cause un-needed stir, the group will announce final

See Bush House, page 6

Before and After Nicole Tastad

In my life, there was the BEFORE and now there is the AFTER. The BEFORE:

was waking up in the morning just a little depressed, thinking about bills to pay, chores to do, deadlines to meet, emails to send, weight to lose..... So my BEFORE was never perfect, but it was always full of the

See Before and After, page 4

Sportsmans Club Destroyed

September 28, Index. The Historical Sportsman's Club in Index has been demolished. For the better part of a century the Sportsman's Club served as a central gathering place for adults, kids and sports enthusiasts.

In 2004 the Sportsman's Club was shut down, pending a lease renewal from the United States Forest Service (USFS). In 2009 - after 5 long years - the USFS issued a Special Use Permit that was not financially viable for the small community oriented group. Most of the financial burden was derived from soil remediation and long term monitoring for lead.

In 2010 a new group of community members came together and proposed an alternative lease to the USFS that would alleviate all of the concerns about lead and use of specific parts of the property. Those community members (Index Community Club) went as far to consult with a Certified Industrial Hygenist and Environmental Attorneys on the

See Sportsmans, page 6

Heybrook Hoedown

SUCCESS-Sue Cross

Dear Friends,

Did we have a great time or what? Some of us sounded a little hoarse on Sunday morning! I hardly have words to tell each of you how much I appreciate your determination to make the event

See Heybrook, page 5

Reiter Update

Progress Report

On Sunday, August 22, DNR and eight volunteers continued reconnaissance efforts -collecting information about areas that could potentially-provide opportunities for motorcycle trials riding.

We have completed our preliminary field reconnaissance of locations for the 4x4, ATV, and single-track trails and flagged the areas. We've also collected most of the preliminary data for the 4x4 areas. The data will help us design the trails, including drainage and water crossing bridges or culverts. We met with representatives of the town of Index to review a section of proposed trunk trail within the aquifer recharge area. We tried to stay out of the aquifer recharge area but there were a couple of areas that for environmental, construction and

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Adventure:

Adventure:

An undertaking involving risk, unforeseeable danger or unexpected excitement.

An exciting or remarkable experience.

Participation in exciting undertakings or enterprises the spirit of adventure.

An unusual stirring experience often of a romantic nature.

Adventure is taking the path less travelled, standing up to your fear of the unknown, discovering tastes, smells and emotions you've yet to experience. It makes your blood pump it makes you confront your own ignorance and open your mind to accommodate ways of thinking that are radically different than your own. It's a journey where you'll never hear yourself say I'm bored.

Adventure is a hard thing to define. Just getting somewhere is not enough it's become a matter of style than substance. Of attitude rather than event. Which is to say adventure is a personal thing. Internal. Individual. Destination and the difficulty of achievement are relative matters. Your adventure might be my cakewalk. That said, I believe all adventure share a central motivation. To attempt something you're not

sure can be done to go somewhere you're not sure you can go. Probing the edges of what may be possible.

That unknown aspect is critical. Through the years an odd thing has happened. The destination has become incidental. If anyone can get to a certain place then arrival means nothing more than the end. The emphasis is now on the journey, its style and the personal rewards we derive from it. It's the process that matters the creative response to conditions encountered along the way. That broadens the possibilities for adventure rather than narrowing them. It carries adventure into the realm of imagination, which is the biggest frontier of them all. It's about being willing to explore your own limits not necessarily the worlds.

Written by Shane Turnbull
Reflections & River Currents



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P.O. BOX 256, INDEX, WASHINGTON 98256

Poetry Corner, cont:

About you, for we love you,
For your old face is lovely,
And it is well.
And our two peoples will rest here
awhile
In this green wood
Beneath the rooted eagle on the
bowl rim.
Thus for a time, a season,
it will be well.
A sign greets our arrival:
A wildcat crosses greatly,
One leap to bound up to the sky,
The shape-shifter runs quickly,
(with our two peoples watching and
cooing admiration,)
Shifts to a garb of strangeness,
As if he cooes to tell us
That in a future time
Somehow it will be well.
You shall stay with us here.
It's sad, for the Encroachers
With heavy feet, large mouths
That eat your ground with hunger.
But our two people shall camp here
In this small valley for awhile.
And for the moment,
it will be well.
For we are still Who Here The
Stones Sing.

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Before and After, Cont.

general good feeling of being alive, sun shining through the window, a "counting your blessings" type of deal. That was my BEFORE.

My BEFORE is a Tuesday morning in 2008, a May morning, a sunny morning. I am eating blueberry pancakes, I am holding a hot mug of good strong coffee, the TODAY show is on. I have just written a list of things to do: groceries for dinner, phone calls to my family, vacation plans, getting passports, scheduling knee surgery...Flowers to pick up to bring to my friend whom I am having lunch with later on ... My BEFORE is full of plans, hurdles, challenges, hope. My BEFORE is my " 4 "children, and how lucky I am to have them. I am luckier than most, I have no reason to complain. I feel fulfilled, blessed and happy on this Tuesday morning. Then there is a knock on the door, there are 2 cops on my front steps.. And Everything becomes my AFTER.

My AFTER is unthinkable, my AFTER is unbearable, my AFTER is that my youngest son was killed in a car accident in the wee hours of the morning, on the 134 in Hollywood. My AFTER is my twisted body on the carpet, my AFTER is that I am howling like a wounded animal.. My AFTER is the hell I am still going through.

Too many pills, too much brandy, too much pain.. Lying on the floor, wanting to overdose. People in the apartment, lots of people, but I don't really see them, who are they? What are they doing? why are they here? I am in shock, the shock is a good thing, it protects me from the despair and darkness that has become my world, my AFTER.

The shock does not last long, the blow hits me full blast... Yet, I am

still in denial .No it is not possible, I have not lost Tristan. I was just on the phone with him yesterday, he was wishing me a happy mother's day, he was excited, alive, breathing, laughing, smiling, planning, running, working, studying, partying.. He was my beautiful, talented, passionate, stubborn baby. No, he simply cannot be dead.It does not happen that way. Or maybe it does. ..But to other people, not to me, not to us.

There was a truck driver.... there was a big rig, a huge freaking 16 wheeler... A tire blew.. He parked the monster on the gore point on a poorly lit highway. Tristan has just dropped his girlfriend off, it's 2:30 in the morning... It has been an emotional evening of breaking up and making up.. an evening of one too many beers....5 more minutes.. Just let me hold your hand for five more minutes. No, I need to go in. It's late my mom is going to be furious, I'll see you in the morning, drive safe. I love you.. The big rig is easing its way onto the side of the exit. My son comes driving along.. Did not see it? Fell asleep? We will never know..and not knowing makes for more pain. When metal hits metal, when his young life is snuffed away.. I am sleeping in my warm bed. I am not there for my child.. I don't even wake up... Me ,the intuitive mother.. I don't even wake up. There are ambulances, fire trucks, police cars, noise, the smell of tragedy, a trip to the morgue...And I dont even wake up.

And here I am on this Monday morning, up at dawn typing the story that has been haunted me and will continue to haunt me for the rest of my life..For the forever of my AFTER.

Reiter, Cont.

long term maintenance reasons make more sense to cross a small portion of the aquifer. Representatives from the town talked with us about signage to inform recreationists about the aquifer and its importance, and about perhaps fencing some sections of trail.

At last night's focus group meeting we walked the group through a rough project timeline and the county permitting process, including technical and specialist reports.

What's Next

We are continuing to layout and design motorized trails as well as doing a preliminary layout for the entire proposed motorized trail system. We will collect additional data where there are gaps in information such soil type, slope steepness, indications of wet areas that might need extra engineering attention, and stream locations. We are scheduling review time with technical specialists-engineers, biologists, and soils/geologists.

We are working on more detailed trail design for those motorized trails that are not located in critical areas and are proposed for the first phase of construction. Work includes field verification, technical reports, review of drainage and grading, estimates of costs, and development of the final planned design.

We are continuing work on developing the State Environmental Protection Act (SEPA) documents and preparing to apply for county permits along with required technical reports and complete the applications.

The next focus group meeting is scheduled for 7 p.m. September 22 at the Snohomish County Administrative complex in Everett. For more information, contact Candace Johnson at 360-854-2803 or candace.johnson@dnr.wa.gov.



Friends of Heybrook get groovy at the Heybrook Hoedown inside the Outdoor Adventure Center Riverhouse

Heybrook, Cont:

and the park a complete success. Music, food, auction, set-up, clean-up, you all were amazing.

Bill is still tracking down the last of the donors to deliver their prizes and collect their bids so we don't have an exact total of the night's contribution, but it is pretty close to \$6,000. I'm awed that our small community can muster that kind of support during hard times like these. Every dollar counts, and will be wisely used when we finally begin trail building. If you haven't had a chance to see the new parking lot all finished, walk or ride to the school property on Galena Road and take a look. Wander back to the right rear of the property (behind where they park the buses) and see the enchanted spot where the trail will begin. This is a reality due to all your dedication and creative effort.



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Sportsmans, Cont.

matter.

Then Permit Specialist for the USFS, Sean Whetterberg and interim Skykomish Ranger Peter Forbes denied the group a Special Use Permit. In the denial letter Forbes stated those types of uses are not appropriate on Forest Service Land and that there were better sites available in the area. In March of 2010, Brad Paul, NEPA and Appeals Specialist with the USFS, denied the Index Community Club the possibility for an appeal of the decision.

Last week in an email from the Times to Brad Paul, and subsequently Sean Whetterberg (now Skykomish District Ranger), the Times asked the Forest Service why they were removing a building that brings community together, keeps kids off the street and off drugs. Sean Whetterberg replied "The reason that it is being removed is because that use by the [Sports-

mans] Club has ended and the site it being restored under the Comprehensive Environmental Response, Compensation, and Liability Act, 42 U.S.C Section 9607(a) (CERCLA) due to contamination."

In a letter to the USFS from the Index Community Club printed in February, the Club pointed out that the areas they wanted to use contained NO hazard or safety issues regarding lead exposure using the Model Toxics Control Act (MTCA) or Environmental Protection Agency (EPA) guidelines. This was confirmed by Certified Industrial Hygienist James Neely, with JMN Associates, using the USFS's own sample data and results.

The Index Community Club still has great interest in restoring the baseball field, and hopes the USFS can see the light and let them play baseball.



Bush House, cont:

plans and intentions once they are given the go ahead by local, county and state officials.

Rumors are abound by exactly who is going to own, operate and facilitate the building and as to what services it will offer.

Some residents have expressed concern over the loss of our favorite ghost, while others have expressed concern about bad food and weak drinks.

The "group" plans to have announcement as soon as next week.



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The Sportsmans membership sign amid debris at the clubhouse

About the Cover:

Historic Sportsmans Club being torn down on September 28, 2010. The Index Wall and ballfield are in the background.

Speaking Indexian

"Don't make me pull out my broomstick!"

-KR

"Keep doing what you're doing and I'll get back to you."

-RK3



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A Day In The Life: Louie and Brian



Artwork by Dean Shepard

Poetry Corner:

It Is Well

By Gary Cropper

When brother clans meet on the trail
Then it is well.

Though' slow afoot and grey of hair,
With staff in hand you lead your
people well.

We stand between our rash young
men

Here, you and I,

Past differences forgotten now,
and it is well.

I walk with your small woman for
awhile

With jest remarks between us

See Poetry Corner, page 3



FRIDAY BBQ & Blues
SATURDAY Prime Rib &
kid's karaoke
Start off the evening right
with Chelan!

From the Editor:

Finally! We are back....as always the Index Times is looking for your funny stories, serious articles, information on your community event and advertisements, letters, concerns...Call us or email us anytime enjoy!

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THE INDEX TIMES

indextimes.wordpress.com

PO Box 56, Index, WA 98256

indextimes@gmail.com

Anthony Vega, Senior Editor

anthony.vega@gmail.com

Kelley Rose Schmidt, Senior Editor

kroseschmidt@gmail.com

Susie Cantu, Contributing Editor

Residents of the Sky Valley, Contributing
Editors

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12/04/10 at Washington State

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10/24/10 vs. Arizona
10/31/10 at Oakland
11/7/10 vs. New York
11/14/10 at Arizona
11/21/10 at New Orleans
11/28/10 vs. Kansas City
12/5/10 vs. Carolina
12/12/10 at San Francisco
12/19/10 vs Atlanta
12/26/10 at Tampa Bay

Happy Birthdays!!!

Pat Wood

Francis Vega

Horoscopes

- By Kelley Rose

Aries: *Emotions are confusing and overwhelming, more solitude is needed to organize your thoughts. A friend will surprise you.*

Taurus: *Learning new things about yourself every day and moving into new areas of employment. Male influences are good.*

Gemini: *Rolling up your sleeves and getting down to business. Beware of throwing away the wrong things while "cleaning house".*

Cancer: *Relationships take center stage, both socially and at work. Seek advice from someone you trust. Never assume the facts.*

Leo: *Being quite sneaky and accomplishing a lot behind the scenes. A past connection will suddenly come forward.*

Virgo: *Contemplating a new pathway and looking beneath words for a deeper meaning. Be spontaneous and go with the flow.*

Libra: *Struggling up-hill with a heavy load, but unexpected help is on the way. A surprise guest will change your previous plans.*

Scorpio: *Social butterfly, remember to slow down and smell the roses. Beware of confrontation and jumping the gun.*

Sagittarius: *The material world dissolves as you take a private moment for yourself. Worries can wait, you deserve a vacation.*

Capricorn: *Revelations and personal changes are cropping up like weeds. Doing too many things at once will hold you back.*

Aquarius: *Tip-toeing around trying to be un-seen won't solve the problem. Speak your mind and others will listen.*

Pisces: *Random occurrences and bizarre happenings will keep you on your toes. Last minute plans will be the best ones.*

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